In Home Services Price List ↘

Clinical Supports	Unit	Price ex GST
Nursing care		
Enrolled Nurse - Direct	Per hour	$184
Enrolled Nurse - Indirect	Per hour	$141
Registered Nurse - Direct	Per hour	$205
Registered Nurse - Indirect	Per hour	$178
Allied health and other therapeutic services		
Physiotherapy - Direct	Per hour	$245
Physiotherapy - Indirect	Per hour	$184
Podiatry - Direct	Per hour	$230
Podiatry - Indirect	Per hour	$184
Exercise Physiology - Direct	Per hour	$238
Exercise Physiology - Indirect	Per hour	$184
Occupational Therapy - Direct	Per hour	$252
Occupational Therapy - Indirect	Per hour	$184
Allied Health Assistance - Direct	Per hour	$173
Allied Health Assistance - Indirect	Per hour	$114
Personal Care		
Assistance with self-care and activities of daily living	Per hour	$124
Assistance with the self-administration of medication	Per hour	$124
Continence management (non-clinical)	Per hour	$124
Care management		
Support at Home Levels 1-3 (HCP level 1)	Per hour	$140
Support at Home Levels 4-5 (HCP level 2)	Per hour	$150
Support at Home Levels 6-8 (HCP level 3 - 4)	Per hour	$160

Should you be reassessed and your Support at Home Level changes, your care management will be charged at the applicable reassessed Support at Home Level.

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All prices effective 1 October 2026.

Prices may be subject to GST where applicable.
Please note this fee schedule is Schedule 5 as per the service agreement.

Independence	Unit	Price ex GST
Social support and community engagement		
Individual social support	Per hour	$119
Individual social support (with transport)	Per hour	$124
Accompanied activities	Per hour	$119
Accompanied activities (with transport)	Per hour	$124
Cultural support	Per hour	$119
Cultural support (with transport)	Per hour	$124
Assistance to maintain personal affairs	Per hour	$119
Assistance to maintain personal affairs (with transport)	Per hour	$124

Transport	Up to 30 minutes	Up to 45 minutes	Up to 60 minutes	Additional time (15 minute increments)
Direct transport Monday to Fri 7am–6pm	$92	$119	$135	$34

Therapeutic services for independent living		
Remedial massage Lymphoedema massage/ Lymphatic drainage/ Myofascial massage/ Therapeutic massage/ Pain treatments	Per hour	$194

In home respite	Maximum hours	Rate
Half day	4 hours	$475
Full day	8 hours	$949

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Everyday living	Unit	Price ex GST
Domestic assistance		
General house cleaning	Per hour	$112
Laundry services	Per hour	$112
Shopping assistance	Per hour	$114
Home maintenance and repairs		
Gardening	Per hour	$119
Assitance with home maintenance and repairs	Per hour	POA
Meals		
Meal preparation	Per hour	$112

Prices are for services delivered Monday - Friday between 7am and 6pm. After hours, weekend and public holiday rates are available on request.

Direct services: Include your face-to-face appointments and short progress notes recorded at each session.

Indirect services: Refer to non face-to-face activities that may be required or requested as part of your care, such as preparing reports or recommendations, prescriptions, or care plans, or communicating with other health professionals involved in your support.

In addition to our in home support, Life Care offers in clinic support and a variety of social groups, bus trips and exercise classes. Enquire with us today for more information and pricing.

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Clinic Services Price List ↘

Clinical Supports	Unit	Price ex GST
Physiotherapy		
Initial consult / assessment	45 minutes	$140
Subsequent consult / treatment	30 minutes	$104
Subsequent long consult / treatment	45 minutes	$140
Exercise Physiology		
Initial consult / assessment	45 minutes	$134
Subsequent consult / treatment	30 minutes	$98
Subsequent long consult / treatment	45 minutes	$134
Occupational Therapy		
Initial consult / assessment	45 minutes	$145
Subsequent consult / treatment	30 minutes	$110
Podiatry		
Initial consult / assessment	45 minutes	$145
Subsequent consultation	30 minutes	$110
Subsequent long consult / treatment	45 minutes	$145
Footwear assessment *may include foot and shoe assessment and recommendations, orthotics.	POA	
Hydrotherapy		
1:1 Hydrotherapy with Exercise Physiologist	30 minutes	$125
1:1 Hydrotherapy with Allied Health Assistant	30 minutes	$90
Hydrotherapy group class	30 minutes	$48
Allied Health Assistant		
1:1 Personalised exercise session	30 minutes	$63

You may be subject to charges for indirect services: These are non face-to-face activities that may be required or requested as part of your care, such as preparing reports or recommendations, prescriptions, or care plans, or communicating with other health professionals involved in your support.

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Independence	Unit	Price ex GST
Remedial massage		
Lymphoedema massage/ Lymphatic drainage/ Myofascial massage/ Therapeutic massage / Pain treatments/	30 minutes	$70
	60 minutes	$124

Life Care Choice	Unit	Price ex GST
Services		
Casual gym session	Per session	$15

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Funding disclaimers

Fee For Service

Life Care offers all services on a private, fee-for-service basis for any clients who are self-funded or not accessing government-subsidised programs. Invoices are payable on the day of service and can be settled via mobile EFTPOS, credit card, cheque, or in person at our Payneham clinic.

Support at Home (SAH) - Government subsidised package

Life Care is a registered Support at Home provider and can deliver services directly under your package. We can also provide services on behalf of your chosen provider, with all invoicing and reports sent to them on your behalf. Please note that co-contributions may apply depending on your personal circumstances.

Private Health Fund

Consumers of Life Care clinic services may be eligible for rebates through their nominated private health funds. Rebates can only be processed from our Payneham clinic using TYRO, however you may lodge a claim for reimbursement direct with your health fund via telephone or online.

GP Chronic Condition Management Plan (GP CCMP)

You may be eligible for a GP CCMP providing you with up to 5 Allied Health visits / year through Medicare. Please discuss eligibility with your GP. The full fee to be charged at time of visit and any eligible rebates reimbursed by Medicare.

Commonwealth Home Support Program (CHSP)

Life Care is a registered CHSP provider. If you receive services under the Commonwealth Home Support Programme, co-contribution fees apply in line with Life Care's current CHSP Fee Schedule. Please refer to the most recent schedule for applicable rates and contribution amounts.

National Disability Insurance Scheme (NDIS)

Life Care provides services to NDIS participants through their nominated plan manager or service provider. All invoicing and reporting are managed directly with your provider for convenience.

Cancellations

Cancellation fee

A cancellation fee, equivalent to the full-service charge, will be applied under some circumstances. These include: if you don't notify us 24 hours prior to the service or session is due to start.

Questions or queries

Contact us

If you have any further questions or queries regarding our services, fees, or require any additional information please do not hesitate to get in touch with our friendly customer service team to see how we can best support you.

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