



Life Care Active Reynella Fee Schedule CHSP Effective 1 July 2023

The below fees are for clients accessing our services through the Commonwealth Home Support Program (CHSP). Registration is required with My Aged Care.

Allied Health	Initial Consult	Subsequent
Physiotherapy, Exercise Physiology, Podiatry, Occupational Therapy (clinic based)	\$39.50	\$28.50
Physiotherapy, Exercise Physiology, Podiatry, Occupational Therapy (in-home)	\$50.00	\$42.00
Personal Trainer (in home)		\$33.00
Personal Trainer Services (clinic based)		\$23.00

Personal Trainer Led Exercise	Fee
Strength and Balance	\$12.00
Parkinson's Exercise	\$12.00
MS Exercise	\$12.00
Small Group PT	\$16.00

Refer overleaf for class descriptors including intensity level and focus, cancellation fee may be charged for less than 12 hours notice given.

Class Descriptor	Intensity	Focus
<p>Strength and Balance: A group exercise class for clients looking to maintain their independence at home. A strong focus on falls prevention, functional strength for activities of daily living, and improving confidence for everyday living. Led by a Personal Trainer.</p>	Low – Medium	Fall prevention, maintaining independence
<p>Parkinson's: A group exercise class for clients with Parkinson's disease focusing on the key areas affected by the disease process. Led by a personal trainer.</p>	Individualised	Parkinson's disease management
<p>MS Exercise: A specialised exercise group for clients with Multiple Sclerosis. Programs are designed and supervised by a personal trainer and are designed to work towards a client's individual goals. Eligible for NDIS funding.</p>	Individualised	Multiple Sclerosis disease management