



Life Care Visitation Policy COVID-19 Conditions of Entry

Updated 10 May 2022

1.0 Visiting a residential care home

Visitors will need to follow the following conditions to ensure the safety of Residents, Families and Staff.

- From 4 May 2022, general visiting times are limited to 10am – 12pm and 1pm – 6pm weekdays, and 1pm-4pm weekends. If you are unable to visit during these times due to work or other commitments, please contact the home's manager and alternative arrangements will be made.
- To limit the risk to our residents, **we recommend that visits be kept to around 1 hour**.

Green Zones and Red Zones

If a home experiences an outbreak of COVID-19, that home will have designated "Green Zones" and "Red Zones" limiting visits to certain areas based on where COVID-19 is present in the home: Visiting will be possible in Green Zones while it is only possible in Red zones under strict conditions.

For designated Green Zones:

- No more than two (2) visitors per resident per day and we encourage the two visitors to visit at the same time.
- **We continue to recommend that** visits take place in the resident's room, or in designated outside green zones.

For designated Red Zones

- Visiting will be limited to essential visits, partnership care arrangements and end of life care. Please contact the manager of the relevant home to organise this directly. Please note full PPE will be provided and must be worn.

General Conditions

- To aid in contact tracing, visitors must:
 - Sign-in using Life Care's Visitor Management System kiosk (as well as the Government QR Code sign-in), including entering the name of the person they are visiting, and receive a visitor sticker from the kiosk. Any visitor without a visitor sticker will be asked to leave immediately
 - Sign-out on leaving.
- On arrival, once signed-in, visitors must move directly to the resident's room without delay and should not engage with other residents wherever possible.
- Visitors should observe social distancing at all times, including with residents.
- Sanitise your hands when you arrive and as you leave.
- **We continue to advise residents not to leave the home**. Experience has shown us that residents spending time in the community creates a significantly higher risk of our residents becoming infected with COVID-19.
- We continue to recommend all visitors consider taking a Rapid Antigen Test (RAT) before visiting and only visiting if the RAT is negative.
- All other current Government restrictions (see 2.0 and 3.0) listed in this document also apply.

The purpose of this policy is to minimise the risk to the health and wellbeing of residents, families and Life Care's team.

2.0 Government restrictions affecting people wanting to visit Life Care residential care homes

2.1 COVID Vaccinations required from 6 December 2021

Effective of Monday, 6 December 2021, all Life Care residential aged care home visitors over the age of 12 years and two months must be fully vaccinated against COVID-19 and provide evidence of their vaccination to Life Care prior to entry.

Exemptions are limited to the circumstances listed within the State Government Direction which can be found here: <https://www.covid-19.sa.gov.au/emergency-declarations/aged-care> and noting the following:

- **NB:** The Government list of exemptions do not include situations where a visit is for End of Life care or support for a resident where it is considered that death is imminent (likely to happen within two weeks) (i.e. the Government Direction does not allow for visits for End of Life care or support)
- Any exemption must be endorsed by the Chief Public Health Officer or her delegate and must be provided to Life Care prior to entry.

2.2 COVID Booster (third dose) vaccinations required from 29 January 2022

Effective of Saturday, 29 January 2022, all residential aged care home visitors over the age of 18 must have received a third dose (booster) of a TGA-approved COVID-19 vaccine within 4 weeks of becoming eligible for a third dose.

2.3 Wearing of Masks

A person (**other than a resident or a child under 12 years**) must not enter or remain on the premises of a residential care home, unless the person is wearing a face mask (covering mouth and nose) at all times when in the physical presence of other persons. The requirement for a mask does not apply:

- o when the person is eating or drinking;
- o to a person who has a relevant medical condition, including problems with their breathing, a serious condition of the face, a disability or a mental health condition.

3.0 Other restrictions

In addition to the above, visitors will NOT be allowed to enter if they:

- a. Have a temperature higher than 38 degrees Celsius
- b. Have been in contact with a confirmed case of COVID-19 in the last 14 days
- c. Have a fever or cold/ flu symptoms or acute respiratory infection symptoms
- d. Are awaiting the result of a COVID 19 test – they cannot enter until they have a negative result
- e. (From **1 June 2021**) have not been vaccinated against the 2021 seasonal influenza

Evidence must be provided of a current vaccination. Babies who are less than six months old do not have to have received the vaccination.

Our residential care home contact details are as follows:

Future review

Life Care will be carefully monitoring the



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Residential Care Home Contact Details	
HOME	PHONE
Aldinga Beach Court	8550 2100
Gaynes Park Manor	8490 2100
Glenrose Court	8379 1449
Parkrose Village	8292 7100
Reynella Lodge	8392 3600