

Residential Living

Key Feature Statement
Aldinga Beach Court Aldinga Beach



Aldinga Beach Court 6 Pridham Boulevard Aldinga Beach

Aldinga Beach Court is one of Life Care's five Residential Living communities. It offers modern living in a stunning coastal location. Aldinga Beach Court has been designed to create a community environment that focuses on a high quality of life and provide all residents with opportunities to 'Live Every Day'.

Aldinga Beach Court's spacious and contemporary design offers a range of beautiful indoor and outdoor areas which reflect the Aldinga Beach lifestyle for residents and their families to enjoy.

Aldinga Beach Court has 10 houses each with 9 - 14 bedrooms, lounge, kitchen and dining room where residents enjoy meals from a seasonal menu. This style of living encourages staff and resident interaction and participation in activities that reflect the normal rhythms of life.

Residents are encouraged to personalise their rooms with their own furniture, pictures and small mementos and make it individual, homely and familiar.

Aldinga Beach Court is conveniently located opposite public transport and the local shopping centre offering retail, post-office and banking facilities.



Our residents are encouraged to engage, participate and become actively involved in the Aldinga Beach Court community. There are regular social outings and activities, tailored to residents' interests, including excursions, exercise classes, table games, arts and crafts, men's groups, bingo, gardening, knitting, cooking and visiting groups.

Life Care also helps residents stay connected with their own communities and clubs wherever possible with the assistance of volunteers.

Residents' health, fitness and well-being is supported by allied health professionals, their visiting doctor and Life Care's caring and skilled team.

Aldinga Beach Court also has three dedicated memory support houses for those residents with cognitive decline/dementia. Life Care has adopted contemporary, world-class design features to support people living with dementia. Supported by one-to-one interaction with each resident, our staff are passionate and committed to helping find the person behind the dementia and to create meaningful roles and activities for them each day.

At Life Care, we can give you peace of mind, and the support you need.

Available at Aldinga Beach Court

- Café
- Shop
- Hairdresser*
- On-site library
- Daily papers (communal areas)
- On-site laundry of personal items
- Access to dry-cleaning service
- Postal service
- Computer with internet access
- Non-denominational chaplaincy and church services
- Daily activities
- Community hall
- Resident animals
- Visiting pets allowed
- Meals for visitors*
- Dedicated lounge/visiting areas
- Community bus service
- Specific activities, staff and areas dedicated to memory support
- 24 hour nursing care
- Health services:
Physiotherapy, Podiatry, Dietetics, Occupational Therapy, Dentistry, Pharmacy, and Optometry*

*Additional fees may apply

RESIDENTIAL LIVING

Aldinga Beach Court Residential Living Rooms

All our rooms are well appointed with quality soft furnishings and welcoming décor.

Room fittings include:

- Individual air conditioning/heating
- Built in wardrobe
- Fully adjustable electric bed
- Call assist
- Bedside cupboard
- Window with a view
- Smart TV

Premium Room Single room with private ensuite

Average floor area of 27.5m².

Private ensuite includes a toilet, shower, vanity and grab rails.

Some rooms are available with a kitchenette.

All premium rooms have a garden view.

Executive Room Single room with private ensuite

Average floor area of 23.9m².

Private ensuite includes a toilet, shower, vanity and grab rails.

Some rooms are available with a kitchenette.

Executive rooms have either a courtyard or garden view.

Standard Room Single room with private ensuite

Average floor area of 24m².

Private ensuite includes a toilet, shower, vanity and grab rails.

All standard rooms have a garden view.

Couples Suite Twin-share room for couples with private ensuite and sitting room

Average floor area of 27.5m².

Private ensuite includes a toilet, shower, vanity and grab rails.

Includes a sitting room with kitchenette and a bedroom with two single beds.

All couples suites have a garden view.



Descriptions may alter for individual rooms

Pricing

The aged care system in Australia aims to make sure that all older people can receive support and quality care when they need it. Please refer to lifecare.org.au or visit myagedcare.gov.au for further information.

Call 1800 555 990 to talk to us about Aldinga Beach Court or any of Life Care's services.

Other Life Care Residential Living locations

Glen Osmond
Glenrose Court

Everard Park
Parkrose Village

Old Reynella
Reynella Village

Joslin
Gaynes Park Manor



T 1800 555 990
E enquire@lifecare.org.au
lifecare.org.au

