



FEE SCHEDULE

LIFE CARE ACTIVE FEE SCHEDULE
CLINIC

Your Clinic Services with Life Care Active

At Life Care Active, our clinics in Payneham and Reynella offer a comprehensive range of health and fitness services to help you stay active and healthy. From Pilates and Hydrotherapy to Life Fit and Beat Fit classes, we provide a variety of options tailored to your needs and goals. Our expert team is dedicated to supporting your wellbeing in a vibrant and supportive environment. *Rediscover Your Active Life with Life Care Active.*

If you prefer care in the comfort of your own home, we also offer personalised health services delivered directly to you, ensuring you receive the same expert care and attention wherever you feel most comfortable. Enquire with us now for our home care services!

Life Care Active Clinic Fee Schedule			
Service	Item	Price Inc GST (where req)	CHSP Client Contribution
Physiotherapy	<ul style="list-style-type: none"> Initial consult / assessment (up to 45 mins) *Includes report / program 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
	<ul style="list-style-type: none"> Subsequent consult / treatment (up to 30 mins) *Includes report / program 	<ul style="list-style-type: none"> \$80.00 	<ul style="list-style-type: none"> \$28.50
	<ul style="list-style-type: none"> Subsequent long consult treatment (up to 45 mins) 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
Exercise Physiology	<ul style="list-style-type: none"> Initial consult / assessment (up to 45 mins) *Includes report / program 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
	<ul style="list-style-type: none"> Subsequent consult / treatment (30 mins) 	<ul style="list-style-type: none"> \$80.00 	<ul style="list-style-type: none"> \$28.50
	<ul style="list-style-type: none"> Subsequent long consult treatment (up to 45 mins) 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
Occupational Therapy	<ul style="list-style-type: none"> Initial consult / assessment (up to 45 mins) *Includes report / program 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
	<ul style="list-style-type: none"> Subsequent consult / treatment (30 mins) 	<ul style="list-style-type: none"> \$80.00 	<ul style="list-style-type: none"> \$28.50
Podiatry	<ul style="list-style-type: none"> Initial consult / assessment (up to 30 mins) *includes treatment report 	<ul style="list-style-type: none"> \$110.00 	<ul style="list-style-type: none"> \$39.50
	<ul style="list-style-type: none"> Subsequent consultation (20 mins) 	<ul style="list-style-type: none"> \$80.00 	<ul style="list-style-type: none"> \$28.50
	<ul style="list-style-type: none"> Complex / extended consultation (up to 45 mins) *May include extended consult for wound management / neuro assessment 	<ul style="list-style-type: none"> \$145.00 	<ul style="list-style-type: none"> N/A
	<ul style="list-style-type: none"> Footwear assessment *May include foot and shoe assessment and recommendations, orthotics. 	<ul style="list-style-type: none"> P.O.A 	<ul style="list-style-type: none"> N/A
Massage Therapy	<ul style="list-style-type: none"> 30-minute massage 	<ul style="list-style-type: none"> \$62.00 	<ul style="list-style-type: none"> \$28.50
	<ul style="list-style-type: none"> 60-minute massage 	<ul style="list-style-type: none"> \$100.00 	<ul style="list-style-type: none"> \$44.00

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Speech Pathology	<ul style="list-style-type: none"> Initial consult / assessment (Swallow OR Communication) (up to 1 hour) *Includes report / program Hourly charge *May include additional report writing time, therapy plan writing, home program or resource creation, consultation with other services. 	<ul style="list-style-type: none"> POA 	<ul style="list-style-type: none"> POA
Personal Trainer / AHA	<ul style="list-style-type: none"> 1:1 Personalised exercise session (up to 30 mins) 	<ul style="list-style-type: none"> \$52.00 	<ul style="list-style-type: none"> \$24.00
Group Classes – Payneham Clinic	Therapist Led Classes (Physiotherapist/ Exercise Physiologist/ OT Led):		
	<ul style="list-style-type: none"> Allied Health Gym 	<ul style="list-style-type: none"> \$30.50 	<ul style="list-style-type: none"> \$17.00
	<ul style="list-style-type: none"> Clinical Equipment Clinical Equipment – 5 pass pack 	<ul style="list-style-type: none"> \$40.50 \$180.50 	<ul style="list-style-type: none"> \$27.00 N/A
	<ul style="list-style-type: none"> Clinical Mat Work Clinical Mat Work – 10 pass pack 	<ul style="list-style-type: none"> \$24.50 \$220.00 	<ul style="list-style-type: none"> \$20.00 N/A
	<ul style="list-style-type: none"> Clinical Exercise 	<ul style="list-style-type: none"> \$24.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> MS Exercise 	<ul style="list-style-type: none"> \$24.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> Neuro Moves 	<ul style="list-style-type: none"> \$24.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> Parkinson’s Group 	<ul style="list-style-type: none"> \$24.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> Small Group EP 	<ul style="list-style-type: none"> \$46.50 	<ul style="list-style-type: none"> \$22.00
	<ul style="list-style-type: none"> Strength and Balance 	<ul style="list-style-type: none"> \$30.50 	<ul style="list-style-type: none"> \$17.00
	<ul style="list-style-type: none"> Wellbeing 	<ul style="list-style-type: none"> \$53.00 	<ul style="list-style-type: none"> \$27.00
Group Classes – Payneham Clinic	Personal Trainer or Allied Health Assistant Led Classes:		
	<ul style="list-style-type: none"> Life Fit 	<ul style="list-style-type: none"> \$14.00 	<ul style="list-style-type: none"> N/A
	<ul style="list-style-type: none"> Beat Fit 	<ul style="list-style-type: none"> \$16.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> Active Moves 	<ul style="list-style-type: none"> \$16.50 	<ul style="list-style-type: none"> \$15.00
	<ul style="list-style-type: none"> Small Group PT 	<ul style="list-style-type: none"> \$24.00 	<ul style="list-style-type: none"> \$16.00
Group Classes – Reynella Clinic	Personal Trainer or Allied Health Assistant Led Classes:		
	<ul style="list-style-type: none"> Life Fit 	<ul style="list-style-type: none"> \$13.00 	<ul style="list-style-type: none"> N/A
	<ul style="list-style-type: none"> MS Exercise 	<ul style="list-style-type: none"> \$15.00 	<ul style="list-style-type: none"> \$12.00
	<ul style="list-style-type: none"> Parkinson’s Group 	<ul style="list-style-type: none"> \$15.00 	<ul style="list-style-type: none"> \$12.00
Casual Gym	<ul style="list-style-type: none"> Wellbeing 	<ul style="list-style-type: none"> \$53.00 	<ul style="list-style-type: none"> \$27.00
	<ul style="list-style-type: none"> Casual Gym/ per session *Only available in Payneham clinic 	<ul style="list-style-type: none"> \$12.00 	<ul style="list-style-type: none"> N/A

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Hydrotherapy	<ul style="list-style-type: none">1:1 Hydrotherapy with Exercise Physiologist1:1 Hydrotherapy with Personal Trainer/ AHAHydrotherapy Group Class	<ul style="list-style-type: none">\$80.00\$51.00\$30.50	<ul style="list-style-type: none">\$28.50\$24.00\$17.00
Additional	<ul style="list-style-type: none">CDM (Chronic Disease Management)EPC (Enhanced Primary Care)	<ul style="list-style-type: none">The full fee for appointment to be charged at time of visit. Medicare to reimburse funds, minus a \$12.00 gap.	

*NDIS funded services – please refer to current NDIS Fee Schedule <https://lifecare.org.au/life-care-active-fee-schedule>

Please note: If it has been 6 months or more since client last appointment – the client treatment needs may have changed. Therefore, client may be required to undergo a new initial assessment to ensure our therapists are providing the most appropriate and suitable care

Payments: Invoices are strictly to be paid day of appointment- and can be paid via mobile EFTPOS, credit card, cheque or in person at our Payneham clinic.

Private Health Fund: Consumers of Life Care Active services may be eligible for rebates through their nominated private health funds. Rebates can only be processed from our Payneham clinic using HICAPS, however you may lodge a claim for reimbursement direct with your health fund via telephone or online.

Government Subsidised Home Care Packages: If you have a Consumer Directed Home Care Package, Life Care Active can provide you with Allied Health services with all invoicing and reports sent to your package provider on your behalf.

Chronic Disease Management (CDM) or Enhanced Primary Care (EPC) Plans: You may be eligible for a CDM or EPC providing you with up to 5 Allied Health visits/ year through Medicare. Please discuss eligibility with your GP. The full fee to be charged at time of visit and any eligible rebates reimbursed by Medicare.

Cancellation Policy: Life Care Active is committed to providing all our clients with exceptional care. When a client cancels without giving enough notice, it can prevent another client from being seen. We respect that your time is valuable, and we appreciate that you understand ours is too.

Please call us on 1800 841 300 with minimum of 12 hours' notice prior to your scheduled appointment to notify us of any changes or cancellations. Message can be left on this same number for Monday appointments.

Any cancellations that occur within the 12-hour period will incur a half-service cancellation charge for 1:1 service, and full-service cancellation charge for classes.

Rediscover Your Active Life with Life Care Active If you have any further questions or queries regarding Life Care Active services, fees or require any additional information please do not hesitate to get in touch with our friendly customer service team to see how we can best support you.

For the latest version of this document & current fee schedules always check <https://www.lifecare.org.au/life-care-active>

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