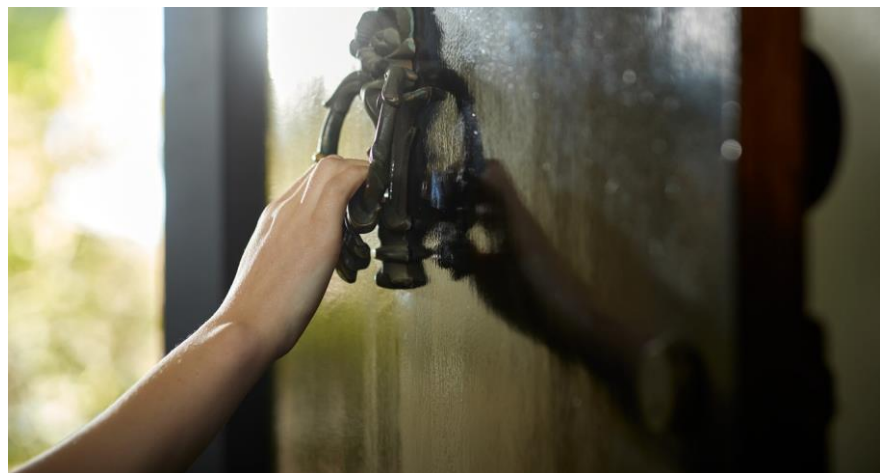


A guide to our Home Care Package costs

It's perfectly natural to want to live independently in your own home for as long as you can. But we believe you shouldn't just be living at home, you should be thriving there, and we're here to help you do just that.

This guide explains the cost of our Home Care Package (HCP) services. You also might like to chat with one of our Consultants who will be able to explain how these prices relate to your particular circumstances.



A short glossary of terms

Care Management

This service is part of every Home Care Package and includes things like your initial assessment, regularly assessing your needs, goals and preferences, reviewing your home care agreement and care plan, ensuring care and services align with other supports, ensuring your care and services are culturally safe and identifying and addressing any risk to your safety, health and well-being. The quality of our Care Management enables us to offer our right people, right care and on time.

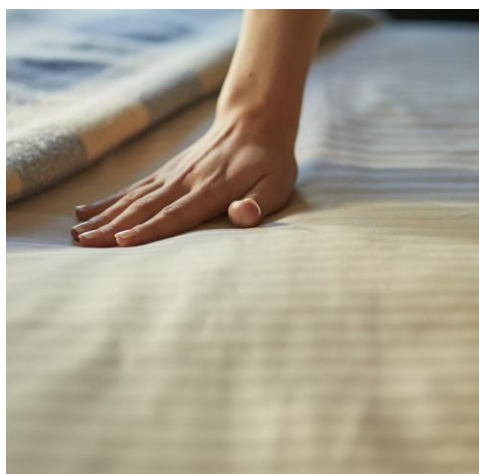
In the table of costs on page 4 of this guide, you will find the “Approx. Hours per Fortnight” for Care Management. This is the minimum number of hours included in each package level which ensures that we meet the Government requirements for Home Care Packages.

Package Management

Package management is a service associated with key administrative and compliance requirements which support the delivery of your Home Care Package. Examples of this are; coordinating services, preparing monthly statements, training and educating staff, financial reporting, conducting quality improvement, compliance and assurance activities as well as many other activities. A full list of these activities can be provided to you by your Consultant.

Life Care Active

Life Care Active is a health & wellbeing destination for people who want to access the latest in health & fitness options. Options include a gym, fitness and mobility classes, our Wellness Program, and access to other allied health professionals such as physiotherapists, occupational therapists, exercise physiologists, massage therapists and podiatrists.



Travel Costs and Cancellation Fees

We can help you get to appointments or even take you shopping. The cost is \$1.25 per km travelled and we can charge it to your HCP.

A cancellation fee, equivalent to the full service charge, will be applied under some circumstances. These include: if you don't notify us at least 12 hours before the service or session is due to start; if you're not at home at the scheduled time; or, if you turn the team member away.





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Our HCP Pricing

Package Management	Level 1	Level 2	Level 3	Level 4
Per fortnight	\$39.00	\$67.00	\$148.00	\$223.00

Care Management	Level 1	Level 2	Level 3	Level 4
Per fortnight	\$58.00	\$117.00	\$233.00	\$291.00
Approx. hours per fortnight	0.5	1	2	2.5

Nursing Services	Mon - Fri 7am - 6pm	Mon - Fri 6pm - 7am	Saturday	Sunday	Public Holiday	Christmas Day
Registered Nurse (hourly rate)	\$144.90	\$173.70	\$217.40	\$289.80	\$362.30	\$434.70
Enrolled Nurse (hourly rate)	\$115.00	\$138.00	\$172.50	\$241.50	\$310.50	\$345.00

Home Support Services	Mon - Fri 7am - 6pm	Mon - Fri 6pm - 7am	Saturday	Sunday	Public Holiday	Christmas Day
Home Support Worker (hourly rate)	\$90.90	\$104.70	\$127.70	\$146.10	\$181.70	\$272.60
Gardening Maintenance (hourly rate)	\$84.70	Not Applicable				

Allied Health and Wellbeing In your Home	Mon - Fri 7am - 6pm
Physiotherapy, Podiatry, Exercise Physiology Initial Assessment	\$215.00
Physiotherapy, Podiatry, Exercise Physiology Subsequent Assessment (up to 30 minutes)	\$145.00
Physiotherapy, Podiatry, Exercise Physiology Subsequent Assessment (up to 45 minutes)	\$185.00
Occupational Therapy hourly rate (including documentation)	\$175.00
Massage Therapy - 30 minutes	\$129.00
Massage Therapy - 60 minutes	\$158.00
Personal Trainer (per 30 minutes)	\$97.50
Speech Pathology	POA

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 All prices effective 1 February 2025.



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Life Care Active Payneham (In-clinic) 230 Payneham Road Payneham	Mon - Fri 8am - 5pm
Physiotherapy, Podiatry, Exercise Physiology, Occupational Therapy Initial Assessment	\$110.00
Physiotherapy, Podiatry, Exercise Physiology, Occupational Therapy Subsequent Assessment (30 minutes)	\$80.00
Physiotherapy, Podiatry, Exercise Physiology Subsequent Assessment (45 minutes)	\$110.00
Massage Therapy - 30 Minutes	\$62.00
Massage Therapy - 60 Minutes	\$100.00
Personal Trainer (per 30 minutes)	\$52.00
Group Classes Wellbeing, MS Exercise, Parkinsons, Strength and Balance, Neuro Moves, Clinical Exercise, Small Group EP, Clinical Mat Work, Life Fit, Beat Fit, Active Moves, Fit and Functional, Small Group PT	POA
Social Services	Mon - Fri 7am - 6pm
Together on Thursday's (social group session)	\$44.00
Friday's at 4 (social group session)	\$13.20
Life Care 'On the Go' (social bus outings to various locations, prices vary per trip)	POA

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